



LIGHT SNACKS

HOMEMADE SCONE €3.00

Served with a Selection of Preserves and Butter
(1, 3, 7)

SELECTION OF BISCUITS €2.00

(1, 3, 7)



BEVERAGES

Freshly Brewed Tea €2.70

Freshly Brewed Coffee €2.70

Selection of Herbal Teas €3.75

Cappuccino/Espresso/Latte €3.50

Hot Chocolate (7) €3.50

Mocha (7) €4.00

SELECTION OF DESSERTS €5.50

Please ask for todays selection of desserts

(1, 2, 4, 7, 10, 11, 13)

OUR SUPPLIERS



ALLERGEN INFORMATION

- | | |
|------------------------------|---------------------|
| 1: Cereals Containing Gluten | 2: Crustaceans |
| 3: Eggs | 4: Fish |
| 5: Peanuts | 6: Soyabean |
| 7: Milk | 8: Nuts |
| 9: Celery | 10: Mustard |
| 11: Sesame | 12: Sulphur Dioxide |
| 13: Lupin | 14: Molluscs |

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Lunch MENU

Please check cut marks, 6mm colour on each edge





SANDWICH SELECTION

FRESHLY MADE SANDWICHES €5.00

Served on white or wholemeal bread with a choice of 2 fillings:
Choose from Ham, Turkey, Chicken, Tuna (4), Tomato,
Onion, Cheese (7), Salad (3, 10)

Extra Filling €0.50
Toasted €0.50
Add Soup €2.50

TOASTED SPECIAL €6.00

Ham, Cheese, Tomato and Onion (1, 7)



GOURMET SANDWICHES

Roast Beef, Smoked Applewood Cheese, Rocket and
Horseradish Mayo served on a Sourdough Bread and Chips €9.00
(1, 3, 7)

Honey Glazed Ham, Aged Cheddar Cheese, Red Onion Marmalade
and Dijon Mustard served on a Sourdough Bread and Chips €9.00
(1, 7, 10)



WRAP/CIABATTA

NAVAN MAN WRAP/CIABATTA WITH HONEY BAKED HAM €8.00
Cheddar Cheese and Tomato Relish (1, 3, 7, 10)

PULLED PORK €8.00
With Red Cabbage Slaw and a BBQ Relish (1, 3, 4, 10)

CAJUN CHICKEN €8.00
Served with Cajun Mayo and Lettuce (1, 3, 7)

TUNA AND CHEESE MELT (1, 3, 4, 7) €8.00

BLT (1, 3, 7) €8.00

TURKEY WITH CRANBERRY AND STUFFING €8.00
(1, 3, 7)

All above served with chips for €1 extra, until 3 p.m.



HOT FOOD

HOMEMADE SOUP OF THE DAY €5.50

Served with Crispy Roll or Brown Bread (1, 7, 9)

BARBEQUE CHICKEN WINGS €8.00

With Homemade Jack Daniels Barbeque Sauce (1, 7, 9)

BAKED POTATO €8.50

With Bolognese Mince and Topped with Cheddar Cheese
(7)

All above served with chips for €1 extra, until 3 p.m.

ALL DAY BREAKFAST €9.00

2 Sausages, 2 Bacon, Black and White Pudding,
Egg and Chips (1, 3)



SALADS

CLASSIC CAESAR SALAD €8.00

Cos Romaine Lettuce, Smoked Bacon Lardons, Garlic Herb
Croutons, Parmesan Shavings, Creamy Caesar Dressing (1, 3, 4, 7)
Add Chicken €2.00

SMOKED SALMON AND PRAWN €12.00

Served on Lillian's home-made Soda Bread
with Marie Rose Sauce (1, 3, 4, 7)

SUPER FOOD SALAD €8.00

Quinoa, Spinach Leaves, Goats Cheese, Beetroot,
Red Onion, Cucumber with a Honey Mustard Dressing (7, 10)
Add Chicken €2.00

SUPER FOOD GREEK SALAD €8.00

Bulgar Wheat, Olives, Feta, Red Onion, Tomato with a
Mint and Natural Yoghurt Dressing and Spinach Leaves (1, 7)
Add Chicken €2.00