



LIGHT SNACKS

HOMEMADE SCONE €2.50

Served with a Selection of Preserves and Butter
(1, 2, 4, 7)

SELECTION OF BISCUITS €1.50



BEVERAGES

Freshly Brewed Tea €2.50

Freshly Brewed Coffee €2.50

Selection of Herbal Teas €3.50

Cappuccino/Espresso/Latte €3.00

Hot Chocolate €3.50

Mocha €3.50

SELECTION OF DESSERTS €5.00

Please ask for todays selection of desserts
(1, 2, 4, 7, 10, 11, 13)

ALLERGEN INFORMATION

- | | |
|------------------------------|---------------------|
| 1: Cereals Containing Gluten | 2: Crustaceans |
| 3: Eggs | 4: Fish |
| 5: Peanuts | 6: Soyabean |
| 7: Milk | 8: Soya |
| 9: Celery | 10: Mustard |
| 11: Sesame | 12: Sulphur Dioxide |
| 13: Lupin | 14: Molluscs |

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Lunch MENU



SANDWICH SELECTION

FRESHLY MADE SANDWICHES €4.50

Served on white or wholemeal bread with a choice of 2 fillings

TOASTED SANDWICH €5.00

With a choice of 2 fillings

EXTRA FILLINGS 40c

Choose from Ham, Turkey, Chicken, Tuna, Tomato, Onion, Cheese or Salad

TOASTED SPECIAL €5.50

Ham, Cheese, Tomato and Onion

LUNCH SPECIAL €7.00

Toasted or Plain Sandwich with 2 fillings and Soup of the Day (Available until 3 p.m. daily)

(1, 2, 4, 5, 7, 9, 10, 13)



HOT FOOD

HOMEMADE SOUP OF THE DAY €5.00

Served with Crispy Roll or Brown Bread

(1, 2, 7)

BARBEQUE CHICKEN WINGS €7.50

With Homemade Jack Daniels Barbeque Sauce

(1, 2, 9, 10, 13)

ALL DAY BREAKFAST €8.50

2 Sausages, 2 Bacon, Black and White Pudding, Egg and Chips

(1, 2, 4)

All above served with chips for €1 extra, until 3 p.m.



GOURMET SANDWICHES

Roast Beef, Smoked Applewood Cheese, Rocket and Horseradish Mayo served on a Sourdough Bread €8.50

(1, 3, 7)

Honey Glazed Ham, Aged Cheddar Cheese, Red Onion Marmalade and Dijon Mustard served on a Sourdough Bread €8.50

(1, 7, 10)



CIABATTA

NAVAN MAN CIABATTA WITH HONEY BAKED HAM €7.50

Cheddar Cheese and Ballymaloe Relish

(1, 2, 4, 7)

SHREDDED BEEF WITH SWEET CHILLI €7.50

(1, 2, 4, 7)

CAJUN CHICKEN €7.50

Served with Cajun Mayo and Lettuce

(1, 2, 4, 7)

TUNA AND CHEESE MELT €7.50

(1, 2, 4, 5, 7)

BLT CIABATTA €7.50

(1, 2, 4, 7)

TURKEY WITH CRANBERRY AND STUFFING €7.50

(1, 2, 4, 7)

All above served with chips for €1 extra, until 3 p.m.



SALADS

CLASSIC CAESAR SALAD €7.50

Cos Romaine Lettuce, Smoked Bacon Lardons, Garlic Herb Croutons, Parmesan Shavings, Creamy Caesar Dressing

Add Chicken €2.00

(1, 2, 3, 4, 7, 13)

MARINATED TIGER PRAWN COCKTAIL €10.50

Confit Cherry Vine Tomatoes, Cos Lettuce, Paprika Infused Marie-Rose and Brown Soda Bread

(1, 2, 3, 4, 9, 10, 13)

SUPER FOOD SALAD €7.50

Quinoa, Spinach Leaves, Goats Cheese, Beetroot, Red Onion, Cucumber with a Honey Mustard Dressing

Add Chicken €2.00

(7, 10)

SUPER FOOD GREEK SALAD €7.50

Bulgar Wheat, Olives, Feta, Red Onion, Tomato with a Mint and Natural Yoghurt Dressing

Add Chicken €2.00

(1, 7)